

## Wroughton ASC

We are delighted that we can, at last, go back to club swimming. We have been working hard with the Ridgeway Sports Centre and with the recommendations given to us from Swim England. Our aim is to keep all of us safe.

The Covid Attachment contains the procedures which have been agreed with the Sports Centre. These have been attached to the Risk Assessments which we had to produce. (A copy of the complete Risk Assessment is on the Wroughton ASC website). All swimmers and parents do need to follow this. There are variations dependant on which session is happening.

A Return to Training form has been included. This must be returned to Helen Black, who has been appointed as the club's Covid Lead BEFORE you will be accepted into the first session.

### The key points are:

- **You will need no bring your own float and drinks bottle. Both marked with your name.**
- Spectators will not be allowed.
- Changing rooms will not be open.
- Masks to be worn (unless you have medical exemption) by all swimmers 11yrs and over until you are on poolside changing out of outdoor clothes.
- Handwash is available at both entrances to pool.
- ONE toilet will be made available if you are desperate.
- Swimmers will be put into training bubbles. Details to follow on Tuesday. There are changes to swimming times.

### WHEN DO WE START ?

- Friday 18<sup>th</sup> September. Club Night 5.15 – 9.30
- Tuesday evening Development Session now on a Wednesday 5.30 – 6.30. Separate invitation.
- These will start on Wednesday 23<sup>rd</sup> September
- Sunday will start on 27<sup>th</sup> Sept. Invitation to individual bubbles. 3 sessions: 6.15 – 7.45, 6.00-7.00, 7.00 – 8.00.
- Early morning Training. Tuesday and Friday morning 6.00am – 7.00am Starts on Tuesday 22<sup>nd</sup> September.

Looking forward to seeing you.

Sandra Yeoman: Chairman and Head Coach